

## Nothing in biology makes sense except in the light of evolution: physical activity and health.

Inselspital, Anna-Seiler Haus, Room 006 or Online 14.03.2024, 07:45 - 11:00 Uhr

Rehasportmedizin

## Dear colleagues,

Drawing inspiration from the words of evolutionary biologist Theodosius Dobzhansky, I extend to you a cordial invitation to join us at the inaugural Seminars in Rehabilitation & Exercise Medicine.

Our objective is to establish an interdisciplinary platform for the exchange of scientific knowledge in the realm of rehabilitation and exercise medicine. It is with great enthusiasm that we kick off this event, featuring the esteemed presence of Professor Daniel E. Lieberman of Harvard University.

We extend a warm welcome to all researchers passionate about this field. We invite you to share your project ideas, study hyptheses, or research findings, providing an opportunity for in-depth discussions from an evolutionary perspective.

Matthias Wilhelm, MD, Prof.

Medical Director

Centre for Rehabilitation & Sports Medicine